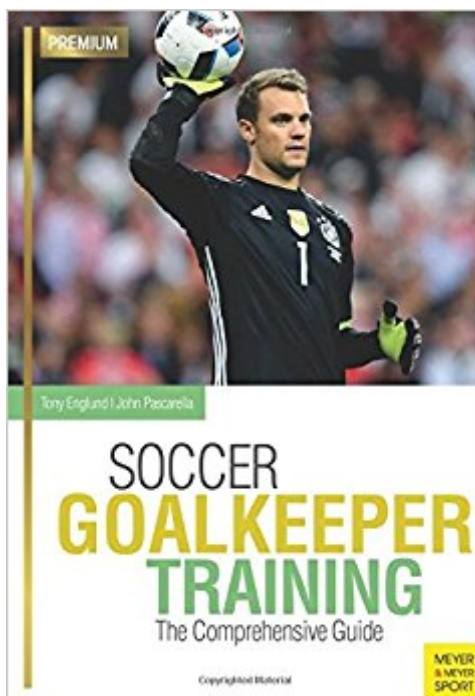


The book was found

Soccer Goalkeeper Training: The Comprehensive Guide



Synopsis

Meyer & Meyer Premium At Meyer & Meyer we make no compromises to present the best in sports content. Go for Gold! In Soccer Goalkeeper Training the authors explain and show through detailed photos and coaching points the physical and technical skills required for novice goalkeepers to improve their current level with easy to follow progressions. Another topic is how to make decisions in tactical situations on the soccer field, for example using communication as a tool for organizing the field player of one's team. The authors also delve into the more advanced and scientific areas of periodization and mental preparation used by the most accomplished goalkeepers in Major League Soccer and the US National Team to achieve ultimate success at the highest levels of the game. Hereby, some psychological aspects covered by the book are the relationship between goalkeepers and their coaches and giving feedback. Also, readers will find a training guide which is divided into exercises by various themes. Whether you are an aspiring young goalkeeper or a more advanced collegiate player, regardless of the level of goalkeeper you currently coach, Soccer Goalkeeper Training will have something to help bring out the best in you and your most important player. The book includes a foreword by Daryl Shore, Director of Goalkeeping, Real Salt Lake (MLS).

Book Information

Paperback: 296 pages

Publisher: Meyer & Meyer Sport; Com edition (July 1, 2017)

Language: English

ISBN-10: 1782551077

ISBN-13: 978-1782551072

Product Dimensions: 6.5 x 0.8 x 9.4 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

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Customer Reviews

Tony Englund is an NSCAA Master Coach and the inaugural Jeff Tipping Award recipient. He is the Assistant Director of Coaching and Technical Director at Sporting St. Croix Soccer Club in Minneapolis, MN. Tony is author of ten books on soccer coaching, including Style and Domination: A Tactical Analysis of FC Barcelona. John Pasarella played professionally before he began coaching. He worked as Olympic development program coach before becoming the head coach

and technical director of the Northern Virginia Royals of the USL's Premier Development League. John was Sporting Kansas City's goalkeeper and fitness coach before he became assistant coach.

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